Alcohol Bookwork Key (Part 1)

Lesson 10.1 Review

Know and Understand

- 1. ethanol
- 2. Depressants slow down the central nervous system, leading to slurred speech, sluggish movements, and unclear thinking.
- 3. the percentage of alcohol that is present in a person's blood
- 4. tiredness, headaches, muscle aches, nausea and vomiting, dizziness or a feeling that the room is spinning, increased sensitivity to light and sound, difficulty sleeping, thirst, shakiness, depression, anxiety, irritability, and difficulty concentrating

Analyze and Apply

- Alcohol consumption reduces the brain's ability process and interpret information, hindering a person's psychological restraint on his or her behaviors.
- 6. Consuming large amounts of alcohol depresses the central nervous system and impacts the functioning of the cerebral cortex. It also disrupts the cerebellum, hypothalamus, and pituitary gland. The combination of these effects can throw the body out of balance if too much alcohol is consumed.

Alcohol Bookwork (Part 2) Key

Lesson 10.2 Review

Know and Understand

- 1. Alcohol slows down the central nervous system, which leads to decreased reaction time, difficulty coordinating movements, and decreased ability to plan, process information, and use good judgment.
- 2. the consumption of large amounts of alcohol in a short period of time
- 3. a medical emergency in which alcohol suppresses the central nervous system so much that an individual loses consciousness, has dangerously low blood pressure and body temperature, and finds breathing difficult
- chronic diseases such as cirrhosis, cardiovascular problems, gastrointestinal problems, cancers, neurological damage, and birth defects caused by fetal alcohol syndrome

Analyze and Apply

- 5. The alcohol a pregnant woman consumes passes straight into the developing fetus and can cause fetal alcohol syndrome, a set of lifelong birth defects for the baby.
- 6. Answers may vary: Underage drinking can result in legal consequences, strained relationships, poor work and school performance, and deteriorating physical health. Students can analyze how underage drinking would affect *their* lives.
- 7. Answers may vary.